## Saturday, June 1, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Saturday, June 1 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Saturday, June 1 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## **Sunday, June 2, 2024**

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Sunday, June 2 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Sunday, June 2 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Monday, June 3, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Monday, June 3 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Monday, June 3 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Tuesday, June 4, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Tuesday, June 4 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Tuesday, June 4 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Wednesday, June 5, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Wednesday, June 5 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Wednesday, June 5 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Thursday, June 6, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Thursday, June 6 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Thursday, June 6 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Friday, June 7, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Friday, June 7 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Friday, June 7 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

#### 50+ Friendship Games Saint John

Date and Time: Friday, June 7 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Saturday, June 8, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Saturday, June 8 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 50+ Friendship Games Saint John

Date and Time: Saturday, June 8 8:00 am - 9:00 pm

Address: Quispamsis, Rothesay, Saint John, St. George, Hampton, Grand Bay-Westfield

The 50+ Friendship Games in the Greater Saint John Area will be held from June 1 - 8, 2024!

Join us for a fun-filled week of games and friendships new and old!

For more information and registration forms, please contact: (506) 633-8781 OR (506) 647-8872

APPLICATION DEADLINE: Friday, May 17, 2024

## Sunday, June 9, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Sunday, June 9 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

## **Monday, June 10, 2024**

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Monday, June 10 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Monday, June 10 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Tuesday, June 11, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Tuesday, June 11 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Tuesday, June 11 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Wednesday, June 12, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Wednesday, June 12 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi

s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Wednesday, June 12 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

#### **Cedar Ridge Park Town Hall**

Date and Time: Wednesday, June 12 6:00 pm - 7:30 pm

Address: 12 Landing Court

We are holding an open house to discuss the findings and feedback from public consultations on the future of C edar Ridge Park.

It will be held Wednesday, June 12, 6-7:30 p.m. at Quispamsis Town Hall Council Chambers, with a formal pre sentation at 6:30 p.m.

Join us and have your say!

Date and Time: Thursday, June 13 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Thursday, June 13 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Friday, June 14, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Friday, June 14 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Friday, June 14 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent

ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Saturday, June 15, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Saturday, June 15 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

## Sunday, June 16, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Sunday, June 16 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

## **Monday, June 17, 2024**

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Monday, June 17 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Monday, June 17 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## **Tuesday, June 18, 2024**

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Tuesday, June 18 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Tuesday, June 18 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Wednesday, June 19, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Wednesday, June 19 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Wednesday, June 19 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Thursday, June 20, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Thursday, June 20 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi

s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Thursday, June 20 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Friday, June 21, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Friday, June 21 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Friday, June 21 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

#### 2024 East Coast Games

Date and Time: Friday, June 21 8:00 am - 10:00 pm

Address: Quispamsis, Rothesay, Saint John

The 2024 East Coast Games will be held June 21-23, 2024, at various venues around Greater Saint John, inclu ding the qplex and Meenan's Cove Park in Quispamsis.

Follow event and schedule information at the East Coast Games website.

Date and Time: Saturday, June 22 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 2024 East Coast Games

Date and Time: Saturday, June 22 8:00 am - 10:00 pm

Address: Quispamsis, Rothesay, Saint John

The 2024 East Coast Games will be held June 21-23, 2024, at various venues around Greater Saint John, inclu ding the qplex and Meenan's Cove Park in Quispamsis.

Follow event and schedule information at the East Coast Games website.

## Sunday, June 23, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Sunday, June 23 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### 2024 East Coast Games

Date and Time: Sunday, June 23 8:00 am - 10:00 pm

Address: Quispamsis, Rothesay, Saint John

The 2024 East Coast Games will be held June 21-23, 2024, at various venues around Greater Saint John, inclu ding the qplex and Meenan's Cove Park in Quispamsis.

Follow event and schedule information at the East Coast Games website.

## Monday, June 24, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Monday, June 24 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Monday, June 24 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent

ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

#### **Canadian Blood Services Blood Donation Clinic**

Date and Time: Monday, June 24 4:30 pm - 8:30 pm

Address: 20 Randy Jones Way



# Upcoming blood donation event

Qplex

20 Randy Jones Way Quispamsis, NB E2E 0B3

## Monday, June 24, 2024

4:30 pm - 8:30 pm

Join Canada's Lifeline Book now to donate at blood.ca

## Collecte de sang

20 Randy Jones Way Quispamsis, NB E2E 0B3

**lundi, 24 juin, 2024** 16h30 à 20h30

Rejoignez la chaîne de vie du Canada Prenez rendez-vous maintenant à sang.ca

**Tuesday, June 25, 2024** 

Date and Time: Tuesday, June 25 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Tuesday, June 25 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

Date and Time: Wednesday, June 26 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at participaction.com.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Wednesday, June 26 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

Date and Time: Thursday, June 27 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Thursday, June 27 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Friday, June 28, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Friday, June 28 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

#### **Community Treasure Hunt**

Date and Time: Friday, June 28 8:00 am - 4:30 pm

Address: Town Wide - Quispamsis

Take part in our Community Treasure Hunt!

Find the hidden treasure bag at one of our beautiful parks, trails or greenspaces around the Town of Quispamsis and bring the card inside to the qplex administration office between 8 a.m. and 4:30 p.m. to have your name ent

ered into a prize draw!

You could win special pass for this year's Canada Day celebration and a \$100 gift card!

## Saturday, June 29, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Saturday, June 29 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

## Sunday, June 30, 2024

#### "Walk Circles Around Quispamsis" Community Challenge for ParticipACTION

Date and Time: Sunday, June 30 12:00 am - 11:59 pm

Address: Town Wide - Quispamsis

Residents are invited to take part in this year's Community Challenge for ParticipACTION and help the town w in up to \$100,000.

ParticipACTION runs June 1-30 across Canada, ultimately recognizing Canada's Most Active Community. Thi s year's local Community Challenge theme is "Walk Circles Around Quispamsis."

It is approximately 40 kms to walk or run in a complete circle around the town limits.

Mayor Libby O'Hara is encouraging residents to walk, run and ride to see how many times the community can c omplete the "circle."

O'Hara has pledged to walk three complete "circles," or 120 km, during the month of June. She is encouraging other residents to join in and track their distances walked on streets, trails or anywhere else. Later in June, you c an share your results so they can be tallied up.

To participate, register online at <u>participaction.com</u>.

At the conclusion of the challenge, Canada's Most Active Community will receive \$100,000 to support local p hysical activity and sports initiatives.

http://calendar.quispamsis.ca